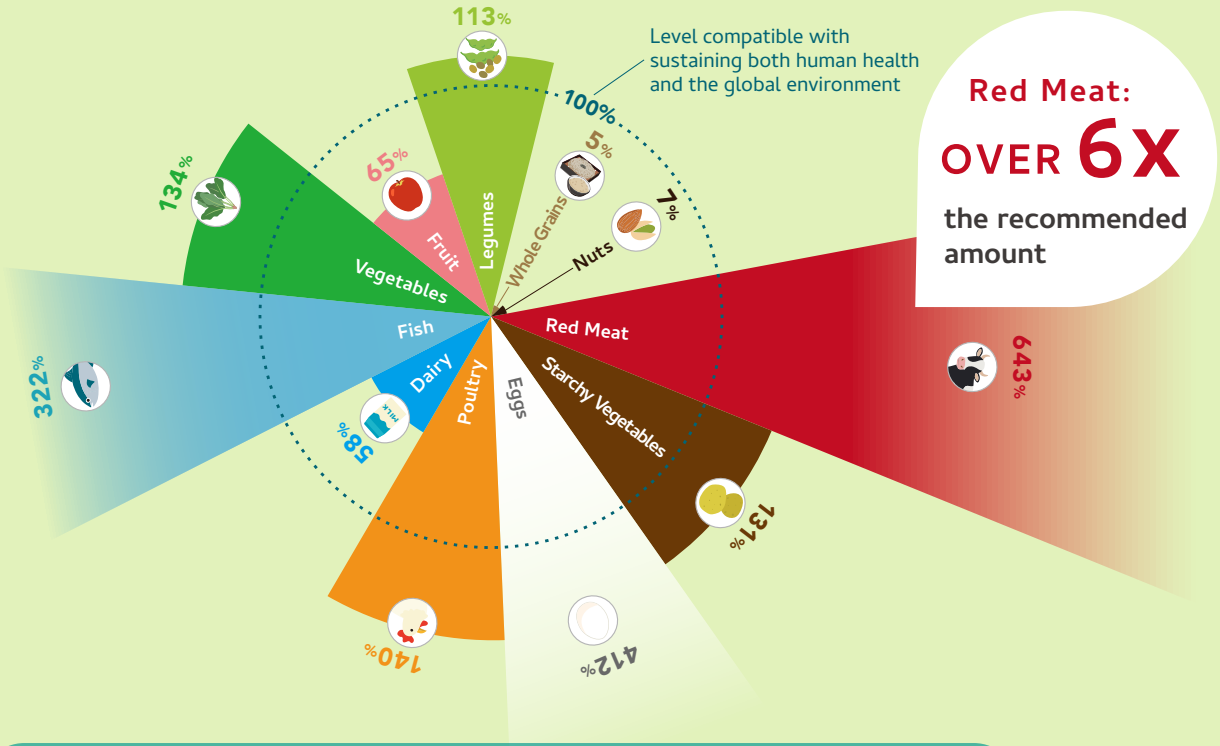
The gap between a Japanese diet and a planet-friendly diet



Comparison of the current Japanese diet with a diet that can sustainably protect both human health and the global environment